

my
**CUSTOM STUDENT GOAL
TRACKER FOR PARENTS**



Why Goal Setting Is Important?

Goals allow you and your family to focus on what is most important to you.

You won't be able to do everything, so make sure you know what you want to accomplish and what you want your child to accomplish really brings things down to focus on things that are more manageable and most important.

Reflect on some goals for your child like:

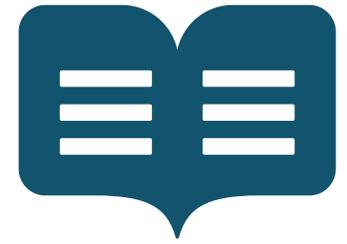
- being generally happy
- reading more
- staying physically active
- academic growth
- feeling connected

Whatever is most important to your family and aligned to your goals should take precedent. Make time for that thing (or things) daily. Create your schedules around your goals and have check-ins on your goals. Trackers for kids help do this and keep these things top of mind. Goal setting can help parents stay mentally balanced and not try to do too much.

Here are some tangible resources to create and track goals with your child.



My Weekly Reading Goals



MONDAY

Pages read:

Words learned:

Chapters finished:

Words to look up:

Chapters left:

TUESDAY

Pages read:

Words learned:

Chapters finished:

Words to look up:

Chapters left:

WEDNESDAY

Pages read:

Words learned:

Chapters finished:

Words to look up:

Chapters left:

THURSDAY

Pages read:

Words learned:

Chapters finished:

Words to look up:

Chapters left:

FRIDAY

Pages read:

Words learned:

Chapters finished:

Words to look up:

Chapters left:

SATURDAY

Pages read:

Words learned:

Chapters finished:

Words to look up:

Chapters left:

SUNDAY

Pages read:

Words learned:

Chapters finished:

Words to look up:

Chapters left:

My Reading Goal
Pages read this week:

If I reach my goal...

Progress Tracker

My goal for this month is:

If I reach my goal, my reward will be:



WEEK 1

What I did this week to work on my goal:

WEEK 2

What I did this week to work on my goal:

WEEK 3

What I did this week to work on my goal:

WEEK 4

What I did this week to work on my goal:

My Goal Tracker

Name:

Week:

M T W T F

GOAL #1



GOAL #2



GOAL #3



GOAL #4



GOAL #5



MY STAR COUNT GOAL:

MY REWARD:

EXAMPLE GOALS: I DID MY HOMEWORK, I PAID ATTENTION IN CLASS, I CLEANED UP MY AT-HOME WORK SPACE, ETC.